

## What's my ideal sock size?

Your sock size can easily be chosen using your regular shoe size. Please see the chart guide below.

## <u>Approximate Insole Length US/Aust/NZ EU Recommended size</u>

## 21 - 25.5 cm 4 - 7.5 36-38 Small

26 - 29 cm	8 - 10	38-40	Medium
29 - 31 cm	11 - 12	41-43	Large
31 - 33 cm	13 - 15	44-46	X-Large
33 - 35 cm	16 - 17	47 -50	XX-Large

Note: Australian and New Zealand shoe sizes are equal to American shoe sizes.

UK- sizes, go down 2 sizes. If you're a 7 in Australia, you're a 5 in the UK.

