

## What's my ideal sock size?

Your sock size can easily be chosen using your regular shoe size. Please see the chart guide below.

## <u>Approximate Insole Length US/Aust/NZ EU Recommended size</u>

## 21 - 25.5 cm 4 - 7.5 36-38 Small

| 26 - 29 cm | 8 - 10  | 38-40  | Medium   |
|------------|---------|--------|----------|
| 29 - 31 cm | 11 - 12 | 41-43  | Large    |
| 31 - 33 cm | 13 - 15 | 44-46  | X-Large  |
| 33 - 35 cm | 16 - 17 | 47 -50 | XX-Large |

Note: Australian and New Zealand shoe sizes are equal to American shoe sizes.

UK- sizes, go down 2 sizes. If you're a 7 in Australia, you're a 5 in the UK.

